

**Summer Football Schedule 2022**

* May 31 – July 1st Monday through Thursday—Lifting: 7 am to 12 noon (3 groups)
* June 29th - July 5th–State wide moratorium (no practice/no lifting)
* July 6th –July 9th –Wildcat Conditioning Camp: 7 am to 11 am
* July 11th –July 15th –Wildcat Padded Football Camp: 6 am to 3 pm @Woods Cross
* July 18th – 22nd—Lift and Skill Development 7am to Noon
* July 25th –July 29th—Tryouts begin, Skill Development, Heat Acclimation
* August 1st –August 5th: 2 a Days: 7 am to 1:30, Aug 3rd Varsity scrimmage 7 PM, Aug 5th Soph/JV scrimmage.
* August 8th-11th –Endowment Game Week, afternoon practices. 3 pm, 7 am Spec Team Practice
* August 12th –Endowment Week, Game vs. West Jordan-no Sophomore/JV game
* September 5th : Labor Day. We will practice at 3 pm.